



A message from Mrs Taylor

We are delighted to welcome the children back to school and have been particularly impressed with how well our Year R pupils have settled into school life. They look fantastic in their school uniforms and have made a great start to the term.

A reminder that the **Year R Teddy Bears' Picnic** is taking place on Sunday. This popular event offers a great opportunity for families to meet and socialise, while the children enjoy playing on the bouncy castles. Further details have been emailed directly to Year R families.

I hope you have a lovely weekend.

Key Dates for the next two weeks

Sun 13 th	Year R Teddy Bears Picnic (an email with further information has been sent to families)
Mon 14 th	Year 6 - Bikeability
Tues 15 th	- Year 6 Bikeability - Year 2 Maple – Trip
Weds 16 th	- Year 2 Oak & Beech – Trip - Year 6 - Bikeability
Thurs 17 th	Year 6 Bikeability
Fri 18 th	- Year 6 Bikeability - Junior Disco Years 3 & 4: 5.30pm – 6.30pm, Years 5 & 6: 6.45pm – 7.45pm
Weekend	
Mon 21 st	
Tues 22 nd	4 Oak Swimming
Weds 23 rd	Year R – Meet The Teacher and Phonics (2.30pm – 3.15pm)
Thurs 24 th	Year 4 & Year 6 – Prime VR (in school)
Fri 25 th	- Macmillan Coffee Morning / LISFA AGM - FAB Friday!

This Term's Dates

Please see our [website calendar](#) for the term's dates. At the bottom of the calendar are options to download or subscribe to the whole federation calendar.

For local activities, events and holiday clubs please click [here](#)

After School Activity Clubs

A reminder that after school activity clubs start up again next week. If you have requested a place for your child, please kindly ensure you have logged on to Arbor to make payment.

Road Safety for parents

We kindly remind all parents and carers to prioritise safety and courtesy during drop-off and pick-up times.

Please drive safely around the school site and surrounding roads. Keeping your speed low helps ensure the safety of all children, families, and staff as they move around the area.

We also ask that you park considerately. This includes avoiding parking on pavements, across driveways, or in areas that may obstruct visibility for pedestrians and other drivers. Thoughtful parking helps keep everyone safe and supports good relationships with our local community.

Thank you for your continued support in helping us maintain a safe and respectful school environment for everyone.

Car Parking Spaces

We also remind parents that there are some spaces available for parents of Liphook Federation to park their cars at the Catholic Church car park during school days (not weekends). The fee is £20 per school year (September 2026 - July 2027).

Please follow the link, below, if you would like to apply for a car parking space. Please note, permits are strictly for use by members of the family or other persons acting legitimately on the family's behalf. The permit should be displayed in the car at all times.

<https://forms.office.com/r/KzQzwLgksq?origin=lprLink>

Road Safety Webinar:

The Road Safety Team are launching support for parents to educate their children about road safety – we would ask if you could kindly fill in their form if you are interested in finding out more at:

[Modelling good behaviour - parent webinar](#)

Beat the mid-week rush with meal planning

The kids are going back to school and we're back to our regular routines. To save yourself time (and money!) why not take 10 minutes to make a meal plan for the week ahead? There's lots of information online to help you get started, including [ready made plans to suit your diet and budget](#).

Did you know you can earn Green Points with [Hampshire Kitchen Heroes](#) for meal planning? This free app rewards you when you take action to make your food go further and the user with the most Green Points wins a day out at one of the following Hampshire attractions:

- [Sir Harold Hillier Arboretum and Gardens](#)
- [Runways End Outdoor Centre](#)
- [Calshot Activities Centre](#)
- [Staunton Farm](#)
- [Tile Barn Outdoor Centre](#)
- [Manor Farm](#)

Sign up for free at: hampshirekitchenheroes.co.uk

Pre-Loved Uniform

Our Junior School pre-loved uniform supplies are running low - Please could we ask if any parents of Junior School children have any pre-loved uniform, PE kit, trainers or coats that your children have outgrown. Please kindly drop these to the Junior School office. Thank you in advance!

In the Infant School, we have lots of pre-loved coats and welly boots looking for a new home – please feel free to come and have a look/take what you need.

Information you may find useful

Portsmouth High School are hosting their annual Open Morning on Saturday 26th September 2026.

For families that are interested in finding out more – please visit their school website to book a place. [Portsmouth High School Open Morning](#)

Food Bank

The food bank has asked if anyone has any spare carrier bags please could they have them as their supplies are running low – Thank you in advance



Hampshire Child and Adolescent
Mental Health Services

Anxiety

Understanding & strategies to support young people

Tickets £20
Tea and
coffee
included

The day will provide an overview of the anxiety parent-led intervention we deliver for children and young people in CAMHS.

It is an opportunity for interaction and activities which will give psychoeducation and normalising of anxiety.

There will be chances to learn and practice strategies we teach parents in the intervention.

11 November 2026

The Pallant Centre,
The Pallant, Havant,
PO9 1BE



For more information scan the QR code or visit:

<https://hampshirecamhs.nhs.uk/events/>

P.A.C.E.

2026
PARENT & CARER EVENTS



Hampshire Child and Adolescent
Mental Health Services

Free health & wellbeing events for all parents & carers
who support or work with young people

DATE	LOCATION
Thursday, 26 February 2026	Basingstoke Queen Mary's College, Cliddesden Rd, Basingstoke, Hampshire RG21 3HF
Thursday, 16 April 2026	Eastleigh Junction Church, 2 Romsey Road, Eastleigh SO50 9FE
Friday, 8 May 2026	Lyndhurst Lyndhurst Community Centre, Central Car Park, High Street, Lyndhurst SO43 7NY
Thursday, 25 June 2026	Andover Winton Community Academy, London Rd, Andover, Hampshire SP10 2PS
Monday, 5 October 2026	Havant Trosnant School, Stockheath Lane, Havant, Hampshire PO9 3BD
Friday, 23 October 2026	Waterlooville Waterlooville Community Centre, 10 Maurepas Way, Waterlooville PO7 7AY

BOOK YOUR SESSION SPACE AT:

hampshirecamhs.nhs.uk/events



Hampshire Child and Adolescent
Mental Health Services

RURAL REACH



Understanding & strategies
to support young people's
mental health

FREE
Funded by
WBCT

Tea and
coffee
included

**The day will cover 5 individual sessions
suitable for parents, carers and professionals.**

- Understanding adolescent mental health
- Anxiety
- Low Mood
- Emotionally based school avoidance
- 8 skills to support a young person

22 September 2026 9.30am - 4.30pm

Community Station, Camp Road,
Bordon, GU35 0ND



For more information scan the QR code or visit:

<https://hampshirecamhs.nhs.uk/events/>

JOIN AN **iRock** BAND TODAY

**There are spaces in bands at your school,
secure a free taster session!**

iRock School of Music runs weekly in-school lessons at your school! Led by passionate and professional Band Coaches, children practise together for 30 minutes every week.

Sign up for a free taster session

Let your child experience the fun of being in a band, with no commitment to continue. To book, email your school's Band Coach with your child's name, class and September year group.

Music for all

Whether your child has never picked up an instrument or already loves making music, iRock band lessons support them at every stage. Children build musical skills, confidence and teamwork, prepare for unforgettable live performances and work towards exam-free qualifications awarded by RSL Awards, which is regulated by Ofqual.



Hassle-free, rolling **monthly subscription***



No experience required and all instruments are provided



Every lesson supports progress towards music qualifications with **RSL Awards**



View **progress comments, updates** and **photos** on the iRock online portal



First lesson money-back guarantee (and you can cancel at anytime)

Choose your instrument...



VOCALS



GUITAR



DRUMS



KEYS



**Start your child's
iRock journey!**

ENROL NOW

www.irockschool.com/enrol

0330 174 2655

info@irockschool.com

*Monthly cost shown after selecting your child's school (before enrolment is confirmed)

Hampshire County Youth Choirs

Open Rehearsal

Friday 11th September 2026

The United Church, Jewry St, Winchester

• 5-7pm - Show Choir (Y7 to Y13)

• 5:15-6:30pm - Junior Choir (Y2 to Y6)

Concert to parents at 6:30pm

• 7:30-8:45pm – Crescendo Choir (Y7 to Y10)

• 7:30-9pm - Youth Choir (Y10 to Y13)

Concert to parents at 8:45pm

For more info and to
sign up, please
Click Here.



HAMPSHIRE COUNTY
youth choir

hcyh.hmsensembles.org.uk





Hampshire Child and Adolescent
Mental Health Services

Trauma

Understanding the impact of trauma on
a young person's brain, body and
behaviour and how we can guide them
from surviving to thriving

*Tickets £20
Tea and
coffee
included*

- The importance of relationships and connection in the agencies supporting the young person in order for them to feel safe, build trust and resilience.
- The role of parents, carers and professionals, adapting responses to a young person that considers the impact of trauma and meaning behind the behaviour.
- How to help a young person develop skills to make sense of everyday experience and develop healthier coping and emotional regulation.

Discretionary tickets available to families on request.

7 October 2026

The Pallant Centre, Havant,
PO9 1BE



For more information scan the QR code or visit:

<https://hampshirecamhs.nhs.uk/events/>